



### CAR SAFETY

- Use a car seat every time a child rides in a car. The back seat is the safest place for a child to ride.
- Babies should ride in a backward-facing car seat until they are 1-year-old and at least 20 pounds.
- Children over 1-year-old and over 20 pounds can sit in a car seat that faces forward.
- Children must be in child car seats or booster seats until they are 6 years old or weigh 60 pounds.
- It is recommended that children stay in booster seats until they are 8 years old or weigh 80 pounds.

### HOME SAFETY



- Keep emergency numbers by the telephone.
- Have first aid supplies handy.
- Know CPR and how to handle choking.
- Keep household products, beauty supplies and medicines out of children's reach.
- Use special safety locks on all drawers and cabinets.
- Put outlet covers on all sockets.
- Set water heater temperature no higher than 120°F.
- Never leave children alone in the bathtub.



### CRIB SAFETY

- Put a baby on his or her back to sleep.
- Do not cover a baby's face or head when he or she is asleep.
- Do not put blankets and comforters in the crib.
- Do not put pillows, bumper pads and stuffed toys in the crib.
- Use a non-allergenic mattress. It should fit snug in the frame with less than one inch between mattress and frame.



### FIRE SAFETY

- Put smoke alarms in your home. Check batteries once a year.
- Keep a fire extinguisher in the kitchen.
- Have a fire escape ladder in each second story or higher.
- Put in carbon monoxide (CO) detectors near bedrooms.



### POOL SAFETY

- Never leave children alone in or near a pool.
- Have safety equipment by the pool.
- Keep your pool fenced or completely covered.
- If you are using a children's wading pool, empty it after use.



### LEAD PAINT

- Lead paint is found in older homes. It can be on the inside and the outside of the house.
- Lead can also be found in make-up and pottery.
- If you think a child may have been around lead, bring him or her to a clinic for a special blood test.



### GUN SAFETY

- The safest home is one without a gun.
- If you have guns, lock them away.
- Never keep them loaded.
- Lock bullets in a different place away from the gun.

## SAFETY TIPS

### WHERE to find help

*Want to know about product safety?*

Call the U.S. Consumer Product Safety Hotline:  
(800) 638-2772

TTY for the Hearing Impaired:  
(800) 638-8270

*Want to learn CPR and first aid?*

Call your local Red Cross Chapter.

*Worried about poisoning?*

Call the Poison Control Hotline:  
(800) 876-4766 or (800) 8-POISON

TTY for the Hearing Impaired:  
(800) 972-3323

Call the American Association of  
Poison Control Centers:  
(800) 222-1222

*Want to know more about lead poisoning?*

Call the Lead Hotline:  
(800) 532-3394

*Want to know more about car safety seats?*

Call Buckle Up Baby:  
(916) 772-6300

Call Safety Belt Safe, USA:  
(800) 745-7233 or (800) 745-SAFE

Call the National Highway Traffic Safety  
Administration:  
(888) 581-9181

Call your health department about car seat loaner  
programs.

Call your local California Highway Patrol (CHP)  
Office for free car seat safety checks.



## SAFETY TIPS

### KEEP A CHILD SAFE FROM THE START

Remember these safety tips



## WHERE TO FIND HELP